



## Natural Antibiotics Botanical Treatments: Heal Your Body, Heal Your Mind (Paperback)

By Aruna M. Siewert

ROBERT ROSE INC, Canada, 2016. Paperback. Condition: New. Language: English . Brand New Book. The most effective medicine is the natural healing power that can be found within each and every one of us Hippocrates. All the information and suggestions in this book will make it easier for you to achieve health and wellness in your life - both physically and emotionally. The fact that it tackles both components makes it truly unique and an indispensable resource. And most importantly, it takes a wholly and completely natural approach. Full colour throughout with dozens of colour photographs, the book is broken down in a way that s very easy to digest - beginning with a section on natural antibiotics and how herbal remedies work to support our body s own defenses. When you feel natural antibiotics are the right choice you ll have 46 herbs from the plant kingdom to choose from along with their medicinal profiles and uses - featuring ingredients like Camomile, Horseradish, Watercress, Arnica and Thyme. Then over 20 common disorders are listed from A-Z so that you can find just the right herb and dosage for your disorder. Arthritis, sinusitis, bladder infections and tonsilitis can all be...



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