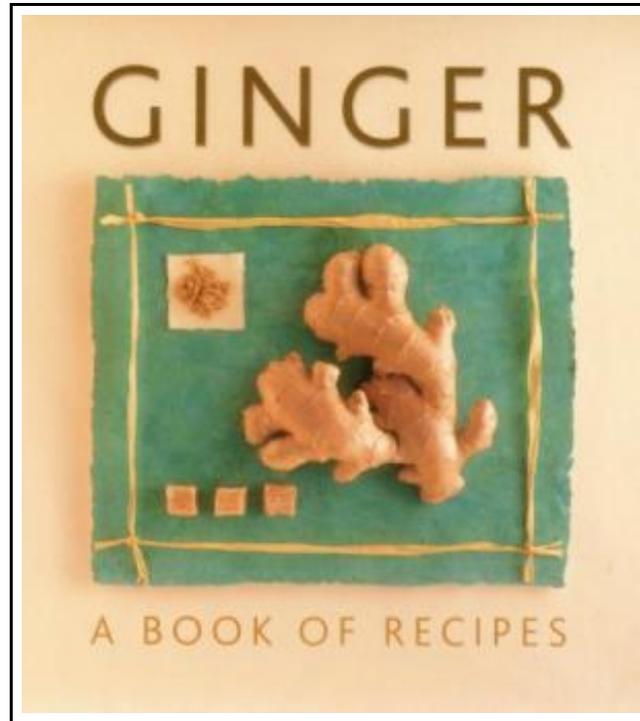


## Ginger (Hardback)



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***(Dr. Kayden Gerlach)***

## GINGER (HARDBACK)



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Anness Publishing, United Kingdom, 2014. Hardback. Condition: New. Language: English . Brand New Book. This is a fabulous collection of 30 recipes featuring the sweet, pungent spiciness of fresh and preserved ginger. It includes recipes from around the world such as Sake and Ginger Cookies, Duck with Damson and Ginger Sauce, Crabcakes with Ginger and Wasabi, Sticky Coffee and Ginger Pudding and Ginger Rhubarb Crumble. It is a concise introduction that describes the different forms of ginger and how best to prepare and cook with it. It features tasty appetizers and snacks, fish and shellfish, meat and poultry dishes, and mouthwatering hot and cold desserts. It features step-by-step instructions, cooking tips and techniques will ensure complete success. It is clearly illustrated with over 75 photographs. A nutritional breakdown for each recipe is included. Ginger is one of the earliest known spices and certainly one of the most versatile. Its root comes in many guises and can be used fresh, ground, crystallized or pickled. Each form has a different taste, but common to all is its distinct warming spiciness. This charming little book draws inspiration from the far-flung corners of the world. The recipes begin with uplifting soups and starters starring fresh root ginger. In the next chapter, ginger is combined with ingredients like limes, chillies and herbs, to add sparkle to fish and seafood recipes. Ginger is an essential component in Chinese, Middle Eastern and Indian dishes. The recipes in the meat and poultry chapter draw on this rich heritage and root ginger is used to spice up stir-fries and couscous. Vegetarian dishes include vegetables and grains cooked in innovative ways. The book ends with a luscious array of desserts and cakes, from the classic Gingerbread to spicy compotes, fruit salads, and tangy Ginger Ice Cream. There are hints and...



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