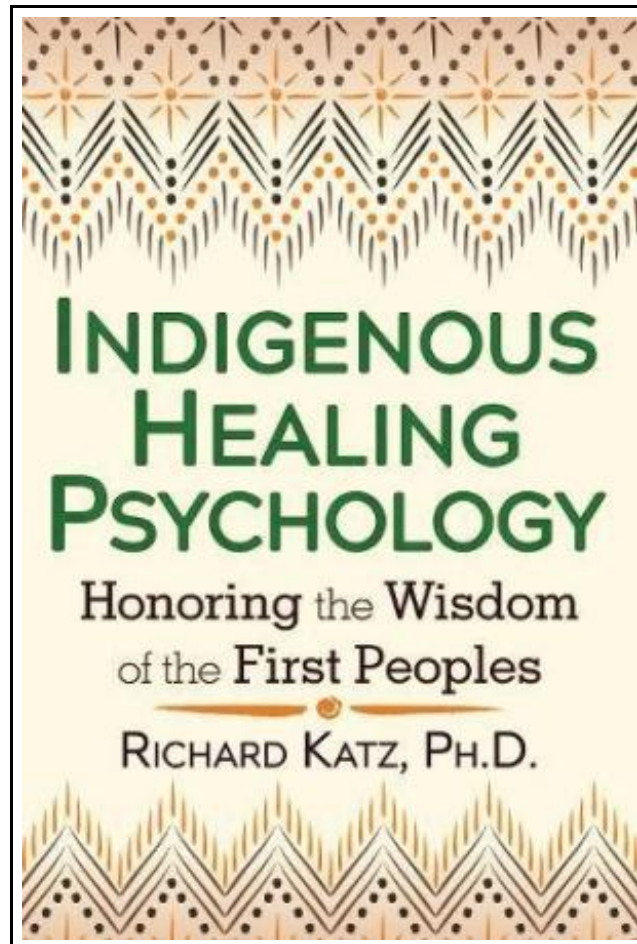


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INDIGENOUS HEALING PSYCHOLOGY: HONORING THE WISDOM OF THE FIRST PEOPLES (PAPERBACK)



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Inner Traditions Bear and Company, United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. Connecting modern psychology to its Indigenous roots to enhance the healing process and psychology itself * Shares the healing wisdom of Indigenous people the author has worked with, including the Ju/ hoansi of the Kalahari Desert, the Fijians of the South Pacific, Sicangu Lakota people, and Cree and Anishnabe First Nations people * Explains how Indigenous perspectives can help create a more effective model of best practices in psychology Wherever the first inhabitants of the world gathered together, they engaged in the human concerns of community building, interpersonal relations, and spiritual understanding. As such these earliest people became our first psychologists. Their wisdom lives on through the teachings of contemporary Indigenous elders and healers, offering unique insights and practices to help us revision the self-limiting approaches of modern psychology and enhance the processes of healing and social justice. Reconnecting psychology to its ancient roots, Richard Katz, Ph.D., sensitively shares the healing wisdom of Indigenous peoples he has worked with, including the Ju/ hoansi of the Kalahari Desert, Fijians native to the Fiji Islands, Lakota people of the Rosebud Reservation, and Cree and Anishnabe First Nations people from Saskatchewan. Through stories about the profoundly spiritual ceremonies and everyday practices he engaged in, he seeks to fulfill the responsibility he was given: build a foundation of reciprocity so Indigenous teachings can create a path toward healing psychology. Exploring the vital role of spirituality in the practice of psychology, Katz explains how the Indigenous approach offers a way to understand challenges and opportunities. He shows how Indigenous perspectives can help create a more effective model of best practices in psychology.

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