



## Unbridling the American Spirit: The Building Blocks of a Meaningful Life (Paperback)

By Mark Fierle

Solutions Press, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is divided into four parts. I call them the Building Blocks of a Meaningful Life, as I see them. I don't claim they are the only four, they are the ones I want to touch on here. 1) Meaningful education. Anyone can say, I studied this or that and have a Bachelor's, Master's or Doctorate. Don't get me wrong. You can study whatever you want. It is only important if you get meaningful value from it. Meaningful education opens a new world that will help you achieve an objective. Otherwise it is just information, useful or not! 2) Continuous self-improvement. If you do not work to improve all your life, you can become less meaningful, even a has-been. We have a long life to be useful to society, family, and friends. Improvement means taking on new projects, finding new ways to help not only yourself but others. Countless people have done this long after they retired from regular jobs. They volunteered, learned how to write or speak, created countless projects that give meaning to their life far beyond...



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*This ebook could be worthy of a read through, and far better than other. I am quite late in starting reading this one, but better than never. I realized this publication from my dad and I advised this publication to learn.*

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