



The 21-Day Productivity Challenge: Learn How to Supercharge Your Productivity with Easy Strategies That Don't Require Superhuman Willpower and Liters of Coffee (Paperback)

By 21 Day Challenges

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The 21-Day Productivity Challenge, the third book in the 21-Day Challenge series! Are you tired of being unproductive, of wasting so much time on distractions you don't even enjoy, of always putting things off until the last minute? Are you ready to go from procrastination to productivity, to stay energized and focused throughout the day, to feel that satisfying sense of accomplishment at the end of the day? Time is no less than your actual life, and yet it's so easy to throw it away on junk TV, on mindless Internet surfing or procrastinating with things we want to do and know we should do. A productive person doesn't have any more time in their day than you do, and they certainly aren't busier than you are. The main difference is focus. A productive person has a way to cut through life's clutter and nonsense and make sure that most of their efforts go to the good stuff - fulfilling work, relationships, self-improvement .anything they value, really. Productivity isn't about becoming a super-efficient...



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- **Lacy Goldner**