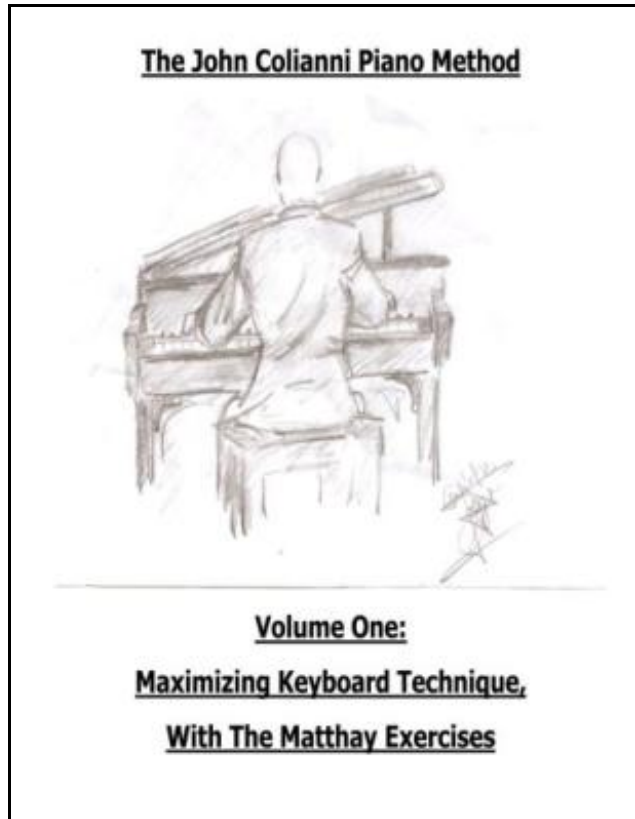


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Createspace Independent Publishing Platform, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The John Colianni Piano Method Volume One: Maximizing Keyboard Technique, With The Matthay Exercises Volume One is an adaptation of the Matthay technique method for pianists, based on a recreation of my own instruction as a piano student. In this book, with text, notated exercises, illustrations, and a video demonstration link, the Matthay exercises are presented in step-by-step practice assignments. Matthay (pronounced ma-tay) is a little-known technique system, but it has proven its merit with the select group of pianists who ve adopted it. This method has served as the foundation of my own technique, and, as a student, Matthay brought significant improvement to my technical skills, rapidly and lastingly, but without the requirement of long hours of practice. Matthay studies promote speed and quickness, accuracy, touch sensitivity, strength, dynamic range, and endurance at the keyboard. This method focuses extensively on posture and positioning at the piano, which is important to all applications of Matthay. In fact, the Matthay method involves the player s conscious involvement of many parts of his or her body. From the upper back and shoulders, power and force is channeled outward as a targeted flow of energy, moving down through the upper arms, forearms, wrists, hands, and fingers, all the way to the fingertips on the keys. As the method explains, this philosophy of weight management and balance will allow the hands and fingers to maintain a light and supple state, enabling advanced agility, dexterity and strength. This book presents an array of Matthay applications, including The 9 Steps, which are the method s core exercises, embodying Matthay s most basic ideas and principles of physical movement at the piano; the school of Quiet Hands, which promotes...



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